

# FIVE DIFFERENT TYPES OF DEMENTIA

What are the main types?

## ALZHEIMER'S DISEASE

Alzheimer's is the most common form of dementia, the result of an irregular shrinkage of the brain. This affects all functions of the brain and causes major changes, especially in behavior and interpersonal relationships. The first signs of this disease include difficulty to remember.



## DEMENTIA WITH LEWY BODIES

Similar to Alzheimer, this kind of dementia also presents features near Parkinson, such as tremors and stiffness. It comes with sleeping disorders and visual hallucinations.

## VASCULAR DEMENTIA

Each stroke or vascular accident results in brain damage as well as tissue loss. Therefore, Alzheimer-like symptoms can occur after any crisis, in particular, memory disorders, impaired decision-making, and planning difficulties.



## FRONTOTEMPORAL DEMENTIA

In this case, the frontal and temporal lobes of the brain are most affected by neurodegeneration, which causes major changes in behavior and personality. The affected adult may also exhibit language problems, trouble moving, and memory loss. The first symptoms occur around the age of 60.

## MIXED DEMENTIA

This one is a situation where someone is affected by two types of dementia. The most common combination is Alzheimer's disease with vascular dementia.

